



King County

**Mental Health, Chemical Abuse
and Dependency Services Division**

Department of
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**KING COUNTY ALCOHOLISM AND SUBSTANCE ABUSE
ADMINISTRATIVE BOARD (KCASAAB)
MEETING
January 5, 2012**

KCASAAB Members Present: Jim Benbow, Joan Clement, Pat Godfrey, Therese Grant, Gina Grappone, Mary Ann LaFazia, Esther Osborne, Sarah Swenson

KCASAAB Members Absent: Mike Elsner, Roger Goodman, (excused); Linda Brown, Ruvin Munden Robyn Smith, (unexcused)

Guests Present: Ardi Bury, Pat Knox, (RCKC); Bob Leonard, (DBHR); Ann McGettigan, (SCS); Peggy Papsdorf, (PHS)

Mental Health, Chemical Abuse and Dependency Services Division (MHCADSD) Staff Present: Bryan Baird, Sharon Toquinto, Jim Vollendroff

Board Chair Jim Benbow convened the King County Alcoholism and Substance Abuse Administrative Board meeting at 11:42 a.m. The meeting was held at Chinook Building, 401 5th Avenue, Seattle, conference room 121.

I. Welcome and Introductions ~ *Jim Benbow*

Jim welcomed everyone and introductions were made by each person in attendance. A quorum was present.

II. Review / Approval of November 10, 2011 Minutes ~ *Jim Benbow*

Minutes were approved by consensus, no revisions.

III. Division of Behavioral Health and Recovery (DBHR) Update ~ *Bob Leonard*

Robin Arnold Williams is now the new Assistant Secretary, replacing Susan Dreyfus. Appointed again by Governor Gregoire, Ms. Arnold-Williams is a veteran of the agency, having led it for several years during Gregoire's first term.

Chris Imhoff is the new DBHR Director, replacing David Dickinson. Ms. Imhoff has a strong direct service background in medical and psychiatric social work including interdisciplinary team work on psychiatric units of Eastern State Hospital and discharge planning at Harborview and other acute medical settings.

IV. Prevention Update ~ Sharon Toquinto

The MHCADSD is continuing the work going on in the community under the new prevention redesign system DBHR has and develop the two communities and relationships more. After the last KCASAAB meeting, Jim sent out a memo to our existing prevention contractors advising them their contracts and the existing prevention system will be ending June 30, 2012. There are still two more communities to identify by March 31, 2012.

At the last meeting, Sharon reported King County was in Cohort One, but DBHR has now included the county in Cohort One and Cohort Two. The MHCADSD staff is already involved in learning collaborative in both cohorts. Thus far, the work with Vashon Island and Central Seattle continues to do well.

V. A/D Coordinator's Report ~ Jim Vollendroff

Jim spoke briefly to the following points:

1. In 2012, Jim hopes to recruit additional board members.
2. The First Annual King County MHCADSD All Provider Meeting is Friday, January 27, 2012 at the Criminal Justice Training Center, 19010 1st Avenue S, Burien, from 8:30 a.m. to 4:30 p.m. Flyers were distributed. This is the first year that combines participants from both mental health, chemical dependency, and prevention fields, as well as other partners in the community. All board members are invited for the entire day that includes numerous breakout sessions, but it was noted the best time for members to attend is between 8:30 a.m. and noon.

Board members asked that Jim invite Chris Imhoff and Robin Arnold Williams to this meeting as an opportunity to introduce themselves to the extensive group of attendees invited.

3. Free Substance Abuse and Mental Health Services Administration (SAMHSA) sponsored live webinar opportunity about bringing recovery support to scale. Anyone can participate in this internet webinar on Thursday, January 19, 2012 from 10 a.m. Pacific Standard Time. Registration is required. Visit www.samhsa.gov for more details.

Jim also distributed a copy of SAMHSA's Working Definition of Recovery, where he had offered suggestions in previous editions. Concepts supported by Jim Vollendroff were

incorporated in this version which is open for public comment and further feedback through the end of this month at www.samhsa.gov.

Session Update

- Budget

Not a lot happened during the special session, but most was pushed to the regular 60 day session beginning January 9, 2012. What happened with the substance abuse budget was minimal, so MHCADSD is moving forward with the recommendations in the Governor's budget the legislatures are now dealing with.

- Devolution of Services

A recommendation in the Governor's budget to block grant to the counties some of the residential and outpatient treatment services. The county commissioners have instructed the association of county and human service lobbyists to work with the state to identify any services be pushed to the county level as opposed to the state level.

Jim asked the board for their position in a written statement of support. Much discussion lead members to include the appropriate funds to brace these efforts in the support statement as administrative overhead is already working at capacity at reduced numbers. He asked the board to make a motion that supports the county taking on the role as payee of residential services as outlined in the Governor's budget with adequate funding. The goal with this statement is be able to say to other counties or the state, is that King County and the KCASAAB is recommending or supporting this recommendation in the Governor's budget.

Bob Leonard reported DBHR responsibilities transferred to the counties will cut costs with an approximate \$2.5 million amount attached.

Members collectively crafted and passed the following motion:

"The King County Alcoholism and Substance Abuse Administrative Board supports the Governor's budget proposal that the county take on the role to administrator residential services with the provision that adequate funding be provided to support these additional administrative functions."

Jim acknowledged this is an example of how powerful it is to have a group of community members saying to the legislature, this is what we believe in.

Washington State Screening, Brief Intervention, Referral and Treatment (WASBIRT) Grant Policy Steering Committee Board Representation

As part of the WASBIRT grant, we had to develop a policy steering committee that meets monthly during the first year, then moves to quarterly in the final four years. This

group is responsible for taking the concept of WASBIRT in a primary care setting, to a statewide model over the course of the grant. We have representation from insurance companies, Jeff Thompson, University of Washington, Yurgen, Pat Knox, and other providers, and now looking for board representation (one in recovery is ideal, but not required). The group meets on the third Thursday of each month in 2012 from 9:30 a.m. to noon at the Washington State Criminal Justice Training Center, 19010 1st Avenue S, Burien, WA 98148. Jim added he is looking for a board members to add their experience and background and what the benefit would be in having physicians in clinics or their staff be screening people for substance abuse in a primary care setting. The MHCADSD is working on reimbursement for that. The goal at the end of this five year grant is sustainability and has been implemented statewide.

Some board members expressed interest; Esther Osborne committed.

VI. **New Business**

Review Board Liaison Positions

The following is a list of current positions; updates are underlined:

- Nominations/Recruitment Committee – Joan Clement, Mary Ann LaFazia, Esther Osborne
- Legislative Committee – Linda Brown, Joan Clement, Pat Godfrey, Roger Goodman
- Mental Health Advisory Board (MHAB) – Linda Brown, Joan Clement
- Mental Illness and Drug Dependency (MIDD) Oversight Committee – Linda Brown
- Adult Provider meeting - ?
- Youth Provider meeting – Ruvin Munden & Gina Grappone

The following is a list of new liaison positions:

- WASBIRT Policy Steering Committee Liaison: Esther Osborne. Duties include keeping the KCASAAB informed of current WASBIRT events.
- Recovery Oriented Systems of Care (ROSC) Liaison: This liaison's duties would keep the KCASAAB informed of ROSC efforts in King County. The liaison would also be involved in reviewing and assisting MHCADSD in the development ROSC policy and strategic plan for King County.
- Prevention Subcommittee Liaison

Jim will write up a paragraph summary of each liaison role and responsibilities, time commitment, and general information. He plans to send it members before the next meeting.

Announcement

Jim Benbow announced his wife has accepted a position in Italy that starts March 1, 2012. This would require him to immediately step down as Board Chair, retire from his

job, and move to Italy for two years. In the meantime, Pat Godfrey agreed to step in as Interim Chair.

Joan Clement will head the Nominations/Recruitment Committee with other committee members to discuss next steps.

Jim V will explore the possibility of a leave of absence for Jim Benbow to continue as a board member.

VII. Liaison Reports

Pat reported the Legislative Committee of the Boards is scheduled to meet Monday, January 9, 2012, to review the legislative priorities for the upcoming session.

Jim Vollendroff requested that someone planning to attend please mention the motion made today in support of the Governor's budget.

VIII. Agency and Other Concerns

The First Annual King County MHCADSD All Provider Meeting is Friday, January 27, 2012 at the Criminal Justice Training Center, 19010 1st Avenue S, Burien, from 8:30 a.m. to 4:30 p.m.

Gina Grappone distributed a Save-the-Date flyer for the SAMA Foundation "Knowledge Is Power Luncheon" scheduled for noon on Friday, March 2, 2012. To register and learn more, visit www.samafoundation.org.

Pat Godfrey requested the board have a Marijuana initiative discussion. Jim Vollendroff mentioned he would find someone to come educate the board, possibly at the next meeting.

IX. Adjournment

There being no further business, the meeting was adjourned at 1 p.m.

Prepared by:

Bryan Baird
Recording Secretary

Attested by:

Jim Benbow
Board Chair